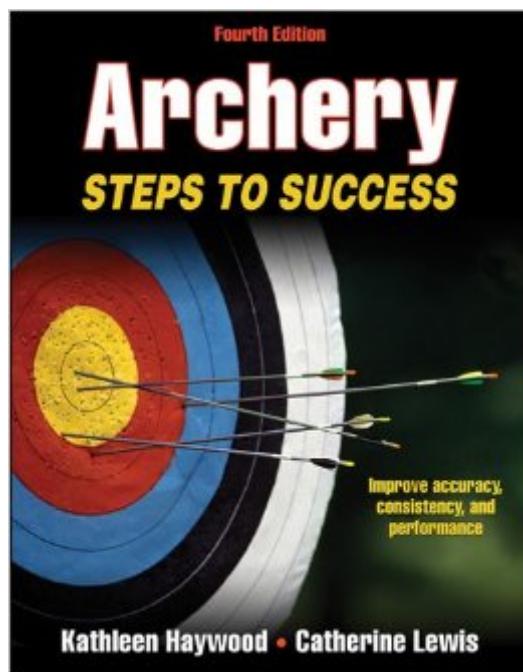


The book was found

Archery 4th Edition: Steps To Success (Steps To Success Sports)



Synopsis

Master the skills, techniques, and strategies in order to shoot accurately, consistently, and safely. Archery: Steps to Success is packed with progressive instruction and accompanying full-color photos. This one-of-a-kind resource contains exercises for each phase of the shot—stance, draw, aim, release, and follow-through—for both recurve and compound bows. Archery: Steps to Success covers these aspects:

- Selection, fitting, tuning, and upgrading equipment
- Assessing, refining, and perfecting shooting form
- Compensating for common weather conditions such as rain and wind
- Technical and mental exercises for improved accuracy
- Preparing, practicing, and planning for competition
- Bow hunting strategies for judging distance and shooting on uneven terrain
- Traditional archery for those wanting to use simple equipment rather than the latest technology

By practicing the 93 exercises and using the Steps to Success scoring system to track your progress, you'll learn at your own pace and develop consistent technique and shot patterns in no time. Whether you are new to the sport or an experienced competitor or bow hunter, this manual will help you hit your mark. As part of the popular Steps to Success Sports series—with more than 2 million copies sold—Archery Steps to Success hits the bull's-eye when it comes to comprehensive archery instruction. v

Book Information

Series: Steps to Success Sports

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Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (52 customer reviews)

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Customer Reviews

I bought this to help the young Katniss Everdeen fan in our house properly learn the art of archery. It's a great book with clear, sequential instructions. Full-color photography helps with some of the

sport's subtleties which I wouldn't have otherwise grasped. I'd highly recommend this to any beginner or intermediate archer. It's terrific.

This is a practical, highly detailed guide for archers to improve their technique, one step at a time, up to an intermediate level. The book details equipment nomenclature, selection, sizing and classification...and that's just the first chapter! When I took archery in college, we got verbal instruction and hands-on practice, but this would have really helped further my understanding of the various equipment that is available, and the manner in which to maximize successful execution. This book covers so much, and it does it in a moderate manner, with easy to understand explanations - despite a few typos early on - for practical approaches and proper methods of fulfilling individual procedures, and doing it right. Each section concludes with a success summary that can be used as a guideline by scoring what is learned through actual practice. This is a school-book approach to the archery, with brilliant, full-color photographs and illustrations which reinforce the subject matter within each of the chapters. I consider this a fantastic resource, and I highly recommend this book for anyone serious about archery, whether for indoor or outdoor competitions, or even for bow fishing and hunting, "Archery: Steps to Success" is certain to help improve archery skills, both physically and mentally. This is a great way to enjoy a sport that dates back thousands of years B.C., and with so many advancements in technology, this is an indispensable way to prepare to take on any target.

I decided to pick this up for my son as he is taking an archery class as part of his gym class in middle school. Through that class, he has developed a strong interest in the sport and wanted to learn more about the basics of sport. He has been glued to this book every day when he comes home from school. The book delivers exactly what I expected when I read the back cover and skimmed through the table of contents. I am planning to purchase a small target for my son as a Christmas gift so that he can practice in our back yard. For now, he's been using plastic tip arrows and shooting at our woodpile. Just seeing him having such a strong passion for the sport and enjoying himself while learning is incredible! PS: I'm not sure why one reviewer decided to comment on "history" of the sport. This is supposed to be an instructional book, not a history lesson.

I am a detail person. I not only want the instruction in writing but great pictures of that instruction will further aid in that instruction. If you are just starting in the game of archery this is a great book to consider. The authors know their stuff and how to relate it to the novice. I know that I will continue to

refer to this book over and over again.

I took archery in high school and college and have signed up to take a summer course in Archery. Since I didn't want to look like a total novice having taken archery before I got this book to review the sport and pick up hints and information that would make jumping back into Archery a success. The book gave an excellent overview of the sport with information and illustrations/photos to show you the equipment you need, stance, habits you should develop to be successful and more. If you are interested in how archery came about there is a short history of the bow and arrow in combat, how it became a sport in the Olympics and up to the present. I'm interested in target archery so I skipped the information on bow hunting, but if you are interested you can find information in the book about this too. There is a nice discussion on bows and arrows and the pros and cons of each type (yes there are types to choose from). I'm trying to decide whether to invest in a bow before I take the class (since there are practice ranges near me) so this section was of particular interest. After reviewing the sections that pertained to target shooting I'll probably choose the traditional straight limbed bow to begin with along with wooden or fiberglass arrows. If I stick with the sport then I'll invest serious money in a bow and the arrows to go along with it. After reading the book I can't wait until class starts!

This 4th edition of 'Archery: Steps to Success,' consists of 280 pages (up from 196 pages in the 3rd edition) of progressively useful information for the beginning archer. I was extremely impressed with the quality of the graphics and photographs. Too many of the instructional books I review, or consider for purchase, have sub-standard quality photographs that do little to illuminate the subject. This book, however, is the opposite. Photographs of proper technique (drawing, aiming, follow-through, etc.) are clear and clearly labeled. The book is made up of 11 specific steps (chapters) and 93 progressive exercises. This book does not go into extreme depth in any of its subject area as it is intended for the beginning archer. Any complaints regarding missing information misses the point of this outstanding beginners text on an interesting subject.

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